

Peanut/Nut Free Snacks

It is not difficult to find peanut-free snacks and treats. Many common and favorite snacks/treats are appropriate. Be sure to check labels just to be sure. Here is a list of peanut-free snacks and treats that may be helpful.

Fruits/Vegetables	Crackers
All fresh fruit Fruit cups Applesauce cups Raisins (not chocolate covered) All fresh vegetables	Cheese Nips/Its Graham Crackers/Sticks Triscuits Wheat Thins Goldfish Kraft Mac and Cheese Crackers
Salty Snacks	Cookies
Rold Gold Pretzels Ruffles/Lays potato chips Smart Food Popcorn Fritos Doritos Cheetos Tostitos Pringles	Nila Wafers Oreos Teddy Grahams Chips Ahoy (no peanut butter) Pepperidge Farm sugar or oatmeal raisin Hostess Ho-Ho or cupcakes Rice Krispy Treats Dunkaroos Keebler Frosted Animal Cookies Nabisco Newton's
Candy	Miscellaneous
Plain Hershey Bars Plain Hershey Kisses Tootsie Rolls Licorice Gum Skittles Starburst Tootsie Pops Blow Pops Lollypops/Suckers	Marshmallows Jello Hunt's snack pack vanilla and chocolate pudding cups Fruit Roll ups Gushers Fruit Snacks Popsicles Spongebob Push Ups Fudgesicles Ice Cream Cups from the school cafeteria

Thank you very much for your cooperation as we work together to provide healthy, safe treats for all our students.