

Waterloo Central School District



Athletic/Extracurricular Handbook

Waterloo Central School District

The **MISSION** of the Waterloo Central School District is to provide a safe environment and educational programs that will provide opportunities for all members of the community to obtain a well-rounded education so they can be productive and successful in their personal and professional lives.

The **VISION** of the Waterloo Central School District is to become the best rural school in the heartland of New York. We will achieve this by focusing on high academic excellence by providing for ALL a variety of instructional strategies to meet individual needs for future success. This will be accomplished through "open communication," collegiality, an infusion of technology and an enlightened attitude toward teaching and learning. Students will become productive members by becoming successful citizens.

Philosophy of Waterloo Athletic/Extracurricular Activities

The Waterloo Board of Education believes that interscholastic athletic involvement/participation in extracurricular activities is an integral part of graduating from the Waterloo Central School District with a well-rounded education. Involvement in athletics and extracurricular activities helps form a connection between the student and the school community. Participation in interscholastic athletics and extracurricular activities is a privilege and carries with it responsibilities to self, school, and community.

All students involved in interscholastic athletics need to abide by expectations in *NYSPHSAA's (New York State Public High School Athletic Association) Code of Ethics*. In addition, all students participating in athletics and extracurricular activities will follow the *Waterloo Central School District Code of Conduct* and the specific guidelines outlined within the *Waterloo Athletic/Extracurricular Activities Handbook* as well as the Waterloo High School or Waterloo Middle School Student Handbook. Students are subject to consequences imposed as a result of any violation and may also be subject to discipline or consequences under the District's Code of Conduct.

NYSPHSAA's Code of Ethics

It is the duty of all concerned...

1. To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
2. To eliminate all possibilities which tend to destroy the best values of the game.
3. To stress the values derived from playing the game fairly.
4. To show cordial courtesy to visiting teams and officials.
5. To establish a happy relationship between visitors and hosts.
6. To respect the integrity and judgment of the sports officials.
7. To achieve a thorough understanding and acceptance of the rules of the game and standards of eligibility.
8. To encourage leadership, use of incentive, and good judgment by the players on the team.
9. To recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players.
10. To remember that an athletic contest is only a game. . . not a matter of life or death for player, coach, school, official, fan, community, state or nation.

Philosophy of Athletic Play

Modified/Modified A

The Modified/Modified A level of athletic competition focuses on the fundamentals of the game and team play. At this level, student-athletes should learn basic skills, rules, and obtain an introduction to the goals of the sport program. Academics, sportsmanship, and social growth along with commitment and dedication are key elements student-athletes will focus on at this level. A smaller emphasis is placed on winning and maximum participation is desired.

Junior Varsity

The Junior Varsity level of athletic competition places an increased emphasis upon team play, physical conditioning and refinement of basic sport skills. The goal of this level of competition is to prepare student-athletes for the varsity level. Student-athletes should be taught how to cope with game situations and how to win and lose properly. An attempt should be made to play all participants, however equal play is not necessary in each game.

Varsity

The Varsity level of athletic competitions is the culmination of each sport's program. At the varsity level of competition, team play, sportsmanship, individual physical ability, motivation, and mental attitude are very important. The goal at the varsity level is to be competitive and prepare to win. Student-athletes will be taught life-long lessons through situations that arise throughout the season. A continued emphasis on academics, sportsmanship, and community service is to be expected at this level. It is to be understood that dedication and commitment is needed to participate on a varsity team.

Philosophy of Extracurricular Participation

Participation in extracurricular activities involves regular attendance at meetings, communicating with advisor(s) when you are unable to attend, and taking part in community service, fundraising, and events/competitions as applicable. The goal of extracurricular activities is to allow students to pursue varied interests and to become a well-rounded individual who contributes to their community. An emphasis on academics, community service, and involvement is expected. Dedication and commitment are needed to participate in extracurricular activities.

Waterloo Athletic/Extracurricular Communication Path

1. Student to coach/advisor(s)
2. Parent(s) to coach/advisor(s)
3. Parent(s) to Director of Health, PE & Athletics or secondary administration
4. Parent(s) to Superintendent of Schools
5. Parent(s) to Board of Education

NYPHSAA Athletic Placement Process (APP)

Website:

<http://www.p12.nysed.gov/sss/documents/AthleticPlacementProcess12-11-17FINALRevised.pdf>

Frequently Asked Questions: <http://www.nysed.gov/common/nysed/files/programs/curriculum-instruction/faq-athleticplacementprocessforinterschoolathleticprograms4-23-15.docx.pdf>

Required Sports Physical

A student who engages in interscholastic competition shall receive an adequate health examination and health history update when required and may not participate without the approval of the school medical physician.

Note: Medical examinations may be scheduled at any time during the school year and shall be valid for a period of twelve (12) continuous months. Unless the medical examination is conducted within 30 days of the start of the season, a health history update is required. Any pupil whose safe participation is in question as a result of the health history interview, or injury, or prolonged absence must be re-qualified by the school physician prior to participation.

Regulation of the Commissioner of Education:
[\[NYSSED LINK\]](#)



A student who may engage in interschool competition shall receive an adequate health examination and health history update when required, and may not practice or participate without the approval of the school medical officer. NOTE: Physicals for participation in school sports may be scheduled at any time during the calendar year.

The results of the physical shall be valid for a period of 12 months during the last day of the month in which the physical was conducted. Unless the medical examination is conducted within 30 days of the start of a season, a health history update is required. Any pupil, whose safe participation is in question as a result of the health history interview, or injury, or prolonged absence, must be prequalified by the school physician prior to participation.

If the 12-month period for the physical expires during a sports season, participants may complete the season as long as a health history was conducted prior to the season. For example, a physical conducted on August 1 would be valid through August 31. If a student plays beyond August (ex. football), the student may complete that sports season as long as an interval health history was conducted before the start of the season. Immediately following the last sanctioned tournament competition for that season, a new physical is required if the student is going to play another sport. Sport season includes tryouts.

NOTE: The Handbook Committee recommends that each incidence of prolonged absence should be reviewed individually by the coach and the athletic director, consulting with the school physician when necessary, and a reasonable amount of practice time and playing time be established based on the athlete's readiness for safe return to competition.

Waterloo CSD Concussion Management Plan

The Board of Education recognizes that concussions and head injuries are the most commonly reported injuries in children and adolescents who participate in sports and recreational activities. The physical and mental well-being of our students is a primary concern. Therefore, the Waterloo Central District adopts the following Policy to support the proper evaluation and management of concussion injuries. A concussion is a mild traumatic brain injury (MTBI). A concussion occurs when normal brain functioning is disrupted by a blow or jolt to the head or body that causes the head and brain to move rapidly back and forth. Recovery from concussion and its symptoms will vary. Avoiding re-injury and over-exertion until fully recovered are the cornerstones of proper concussion management. Concussions can impact a student's academics as well as their athletic pursuits.

The Waterloo Central District seeks the safe return to learning, physical activity and competitive sports for all injured students. Recent research in concussion management has increased awareness of the impact of mild traumatic head injuries, commonly known as concussions, in both the medical community and the general public. This valuable knowledge leads us to refine our approach to concussion recognition and management. The following

recommendations, developed for the Waterloo Central Schools, are in part extracted from the National Athletic Trainers' Association Position Statement: Management of Sports Related Concussion. In addition, this concussion management plan was derived from materials developed by the CDC, NYSPHAA, NYSED, as well as through consult with the district physician, Dr. Eric Shives. These recommendations provide guidelines for concussion recognition, management, and safe return to learning, sports, and activity for school personnel. Academic assistance, medical monitoring, and counseling may be necessary during the school day for a student with a mild traumatic brain injury. Appropriate school personnel, the student, parent(s), the school physician and the student's personal physician will contribute to developing the support plan for impacted students on a case by case basis. This Concussion Management plan will be reviewed annually by the district's Concussion Management Team with input from the school physician.

The District shall require the immediate removal from all athletic activities of any student who has sustained, or is believed to have sustained, a mild traumatic brain injury (MTBI) or concussion. Any student demonstrating signs, symptoms or behaviors consistent with a concussion while participating in a class, extracurricular activity, or interscholastic athletic activity shall be removed from the class, game or activity and must be evaluated as soon as possible by an appropriate health care professional. Such removal must occur based on display of symptoms regardless of whether such injury occurred inside or outside of school. If there is any doubt as to whether the student has sustained a concussion, it shall be presumed that the student has been injured until proven otherwise. The District shall notify the student's parents or guardians and recommend appropriate evaluation and monitoring. The District has implemented a program of Neurocognitive computerized testing administered by a credentialed District staff as a concussion assessment tool to obtain baseline and post-concussion performance data. These tools are not a replacement for a medical evaluation to diagnose and treat a concussion.

The student shall not return to physical activity (including interscholastic athletics, intramurals, physical education class, recess, and field trips requiring physical exertion or risk, e.g., amusement parks, hikes, etc.) until s/he has been symptom-free for not less than twenty-four (24) hours, and has been evaluated and received written authorization from the school physician.

Waterloo CSD Concussion Management Plan Cont'd

In accordance with Commissioner's Regulations, the District's Medical Director/School Physician will give final clearance on a return to activity for extra-class athletics. All such authorizations shall be kept on file in the student's permanent health record. The standards for return to athletic activity will also apply to injuries that occur outside of school. School staff should be aware that students may exhibit concussion symptoms caused by injuries from outside activities and that these visible symptoms also indicate a removal from play. The District shall follow any directives issued by the student's treating physician with regard to limitations and restrictions on school and athletic activities for the student. The District's Medical Director/School Physician may also formulate a treatment protocol for students with concussions. The School Physician's recommendations will be final.

Website: <https://www.waterloocsd.org>

Post-Concussion Return to Play Protocol For Interscholastic Athletes

Student Athlete: _____

Date of Injury: _____

Points
Six Stage Progression of Return to Play
Minimum of 24 hours between stages
If, at any stage, symptoms recur, protocol begins from prior day (Step)

Timing and Medical Clearances
Symptom Free for 24 hours

Medical Clearance Received from Primary Care Physician
DATE: _____

Post Injury Impact Testing Completed
DATE: _____

Post Injury Assessment Completed by School Physician

| | |
|---|---------------------------------|
| Day 3: Low resistance training under supervision and with spotting. If no exercise equipment is available, perform body weight exercises (i.e., push-ups, sit ups, triceps, dips, squats, lunges, core exercises, broad jumps, running up/down steps). Elevate heart rate to a minimum of 80% of MHRT. Allow up to 45 minutes of aerobic exercise. | |
| Coach or Athletic Trainer | Signature: _____ DATE: _____ |
| Day 4: Non-contact training drills only today. Use all previous methods to elevate heart rate to a minimum of 80% of MHRT. Continue aerobic exercise. | |
| (Need school physician's signature) | |
| Coach or Athletic Trainer | Signature: _____ DATE: _____ |
| Day 5: Full-Contact training. Reproduce the impact forces that the athlete may encounter during their sport (i.e., ball heading, tackling, landing from a height). Elevate heart rate to a minimum of 80% of MHRT. Continue aerobic exercises. | |
| Coach or Athletic Trainer | Signature: _____ DATE: _____ |
| Day 6: Return to Play | |
| Coach or Athletic Trainer | Signature: _____ DATE: _____ |
| <i>Coach/Athletic Trainer must return this form to the School Nurse's Office Upon Completion</i> | |
| FamilyID | |

FamilyID is a secure registration platform that provides parents with an easy, user-friendly way to register for our programs, and helps us to be more administratively efficient and environmentally responsible. When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs. You must do a separate registration for each season and complete it within thirty days of the start of the season.

If you are a returning FamilyID user; please use the following steps:

1. Click on the Current Season registration form on your school's FamilyID Landing page. <https://www.familyid.com/waterloo-central-school-district>
2. Login using the e-mail address and password you created previously (do not create a new account)
3. Choose the sport.
4. Click on "Add Participant Below or Click to Select" and pick your child's name.
5. Update health and demographic information, if necessary.
6. Sign-off on seasonal agreements.
7. Save and Submit

If you are a new user on FamilyID; please follow these steps:

To find your program, click on the link provided by the Organization above and select the registration form under the word **Programs**.

1. Next click on the green **Register Now** button and scroll, if necessary, to the **Create Account/Log In** green buttons. If this is your first time using FamilyID, click **Create Account**. Click **Log In**, if you already have a FamilyID account.
2. **Create** your secure FamilyID account by entering the account owner First and Last names (parent/guardian), E-mail address and password. Select **I Agree** to the FamilyID Terms of Service. Click **Create Account**.
3. You will receive an email with a link to activate your new account. (If you don't see the email, check your E-mail filters (spam, junk, etc.).)
4. Click on the link in your activation E-mail, which will log you in to FamilyID.com

5. Once in the registration form, complete the information requested. All fields with a red* are required to have an answer.
6. Click the **Continue** button when your form is complete.
7. Review your registration summary.
8. Click the green **Submit** button. After selecting 'Submit', the registration will be complete. You will receive a completion email from FamilyID confirming your registration.

At any time, you may login at www.familyid.com to update your information and to check your registration(s). To view a completed registration, select the 'Registration' tab on the blue bar.

SUPPORT: If you need assistance with registration, **contact** FamilyID at support@familyid.com or **888-800-5583 x1**. Support is available 7 days per week and messages will be returned promptly.

Waterloo CSD Code of Conduct

The Board of Education has a long-standing set of expectations for conduct on school property and at school functions. The Board is committed to providing a safe and orderly school environment where staff, parents and administrators work to deliver quality educational services to students without disruption or interference. The main objective of the school is education in all forms. Students, staff, teachers, administrators and parents should work to provide an environment where problems can be initially settled by using cooperatively developed and agreed upon procedures for the benefit of the entire school community. The foundation for building this environment is the principles of civility, mutual respect, citizenship, character, tolerance, honesty and integrity. The Board of Education recognizes the need to clearly define the expectations for acceptable conduct on school property, identify the possible consequences of unacceptable conduct and to ensure that discipline, when necessary, is administered promptly and fairly. To this end, the Board adopts this Code of Conduct. In accordance with the Dignity for All Students Act, School District policy and practice must ensure that no student is subject to discrimination or harassment, based on a person's actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender/gender identity or sex by school employees or students on school property, on a school bus, or at a school function.

Website:

<https://www.waterloocsd.org>

Waterloo Athletic/Extracurricular Code of Conduct

The Director of Health, PE & Athletics, administration, and/or respective coach/advisor(s) may suspend or dismiss a student based on:

1. Insubordination
2. Repeated academic ineligibility
3. Cutting practices/games/meetings/competitions/community events
4. Criminal activity whether a school or civic matter . . . Please note that students arrested for any felony activity will be immediately suspended from athletic participation until the court has made a determination

on the arrest. Students arrested for misdemeanor or lesser activity outside of the school day and not during any school activity shall be dealt with by the court system, not by Waterloo Central School District. This does not include violations of the training rules in the use of alcohol, tobacco, vaping or drugs.

5. Behavior unbecoming a Waterloo student

Behavior Unbecoming a Waterloo Student

Participation in the Waterloo Athletic/Extracurricular program is a privilege, and students are expected to behave in a manner that will reflect positively on themselves, their teams/clubs and on their schools. As representatives of the school district, it is the responsibility of the student to make positive decisions at school and in the community. Behaviors that violate these expectations and reflect poorly on the student, athletic/extracurricular program, and school will be met with proportional consequences. Such behaviors will be identified at the discretion of administration may include pictures of using and/or possession of alcohol, tobacco products, drugs, illegal performance-enhancing substances, vapes, juuls or electronic cigarettes, as well as bullying, harassment, hazing, vandalism, theft, assault, and illegal acts resulting in police involvement.

Offenses of this nature will be evaluated on an individual basis and may result in suspension or removal from the athletic/extracurricular program, as determined by the Director of Health, PE and Athletics and the respective school principal. Alcohol and drug-related offenses that result in police involvement may also be treated as “behavior unbecoming a Waterloo student” and may result in consequences in excess of those outlined in the Waterloo Central School District Code of Conduct.

Students who are suspended from activities for “behavior unbecoming a Waterloo student” will continue to support their teammates by attending all competitions/events. Athletes must be dressed in the team uniform. Competitions that the student does not attend will not count as competitions/events served toward a suspension, unless there is administrative approval.

Training Rules

Use of alcohol, smoking, chewing tobacco, vaping, juuling, e-cigarettes, and controlled substances as defined by Board of Education Policy is prohibited.

The following policy is not only meant as a deterrent for Waterloo students but is being implemented to incorporate a rehabilitative plan to help students at risk. If a student is reported to be using or in possession of the above, they will be subject to a conference with the Director of Health, PE & Athletics and the coach(s) of the particular sport or building administration and club advisor(s) of the extracurricular activity. If the evidence shows that a student has broken a training rule, rules will be enforced as explained in the Waterloo Athletic/Extracurricular Handbook.

Any student hosting a party with alcohol and/or illegal drugs present will be treated as an offender of the training rules. Any student attending the party where alcohol and/or illegal drugs are being used by anyone underage will be guilty by association.

These disciplinary procedures refer to infractions related to alcohol, tobacco products, and other illegal drugs. They refer to every student while they are registered in interscholastic athletic/extracurricular activities in grades 7-12.

Referral from School Administration or Investigating Law Enforcement

First Violation:

1. **See category for each respective sport/club.**
2. Student must participate in all practices/meetings but cannot participate in the contests/events.
3. Student must be in uniform attending contests/events during the suspension, supporting their team/club.
4. The student forfeits all awards or league nominations received as a result of the sport/activity.
5. The student may still receive their letter.
6. A re-entry meeting will take place with the administration and coach/advisor(s).

Second Violation:

1. **See category for each respective sport/club.**
2. Student must participate in all practices/meetings but cannot participate in the contests/events.
3. Student must be in uniform attending contests/events during the suspension, supporting their team/club.
4. Student must be enrolled in a support program as referred by administration.
5. Administration will consult with the school counselor and/or respective mental health staff before releasing the student to participate in athletic/extracurricular activities.
6. The student forfeits all awards or league nominations received as a result of the sport/activity.
7. A re-entry meeting must be held with the Superintendent of Schools, Director of Health, PE & Athletics if applicable, and building administration before permission to resume participation is granted.

Third Violation:

1. Suspension for the remainder of their athletic/extracurricular eligibility.
2. The student may appeal one year from the date of the third offense.

Violations will result in the following:

Category A: Teams/clubs that participate in up to 5 contests/events
1st Violation – loss of 1 contest/event
2nd Violation – loss of 2 contests/events
3rd Violation – remainder of the athletic/extracurricular eligibility

Category B: Teams/clubs that participate in up to 10 contests/events
1st Violation – loss of 2 contests/events

- 2nd Violation – loss of 4 contests/events
- 3rd Violation – remainder of the athletic/extracurricular eligibility

Category C: Teams/clubs that participate in up to 11-15 contests/events

- 1st Violation – loss of 3 contests/events
- 2nd Violation – loss of 6 contests/events
- 3rd Violation – remainder of the athletic/extracurricular eligibility

Category D: Teams/clubs that play up to 16-20 contests/events

- 1st Violation – loss of 4 contests/events
- 2nd Violation – loss of 8 contests/events
- 3rd Violation – remainder of the athletic/extracurricular eligibility

Category E: Teams/clubs that play up to 21-24 contests/events

- 1st Violation – loss of 5 contests/events
- 2nd Violation – loss of 10 contests/events
- 3rd Violation – remainder of the athletic/extracurricular eligibility

*Please note that a carryover of violations would go into the next complete season and scrimmages do not count.

Self-Referral

Waterloo Central School District encourages students who feel they are at risk to seek help, so we institute the following clause. If a coach/advisor(s), student, or their parent(s) wish to refer the student for help, the following shall occur:

1. They shall confer with the respective school counselor, coach/advisor(s), and Director of Health, PE & Athletics or respective building administrator.
2. The student will take a leave from the team/club; any participation must be pre-approved by administration.
3. Student will have a re-entry meeting with administration and coach/advisor(s).
4. The student will remain eligible for awards.
5. A second self-referral and any future referrals will be handled accordingly by administration and include a referral to a support program. The student and their parents must meet with the Superintendent of Schools, and Director of Health, PE and Athletics or Building Principal to determine when instatement will take place.

Waterloo Athletic/Extracurricular Appeal Process

A student along with their parent(s) shall be given notice of a decision to suspend and/or remove them from the team/club and the reason(s) for such suspension.

Appeals may be made in writing to administration then shared with a review council within 5 calendar school days of the original notice of the decision or after a third violation offense.

The purpose of the review council is to rule on all appeals that deal with infractions of interscholastic athletic or extracurricular standards.

The review council will include at a minimum: administration, counselor(s), teacher(s), and coach/advisor(s). The student may be asked to attend the meeting.

The decision of the review council may be appealed to the Director of Health, PE and Athletics or respective building principal. Next that decision may be appealed to Superintendent of Schools with final appeal resting with the Board of Education.

Carry-Over

Regarding athletics, if the duration of the consequence extends beyond the end of the current season, it will carry over to the next season in which the student-athlete participates. It will not affect the tryout period for the next season. For any club(s) the student is involved in at the time of the violation, the consequence applies to each respective club but will not extend into the next school year.

Quitting a team/club

In order to participate in another sport/club, any student quitting a sport/club must have an exit interview with the Director of Health, PE & Athletics or club advisor(s). All issued equipment and uniforms must be turned in at the exit interview. It will be expected to reimburse the school for any lost items.

Academic Eligibility

Waterloo Middle School and Waterloo High School students are considered ineligible for athletics and extracurricular activities if they are failing TWO or more classes at the interim period or at the end of the marking period.

When a student is ineligible, they may:

- ✓ Practice, but not participate in interscholastic athletic contests.
- ✓ Practice, but not participate in any performing art performances unless a grade is attached.
- ✓ Attend school dances and extracurricular activities (athletic contests/concerts/play/musical/art show) as a spectator.

Other considerations for students deemed ineligible:

- ✓ Grades considered failures are below 65%.
- ✓ Incompletes may result in ineligibility unless otherwise determined by administration.
- ✓ Students may not participate in after school clubs/activities until passing.
- ✓ Students that are ineligible should create an after-school schedule with their respective school counselor at WMS or WHS to obtain extra help with classes they are failing.
- ✓ Appeals not granted.

If failing two or more classes at the interim report (issued after the 5th, 15th, 25th, 35th week mark), the student will be ineligible:

- ✓ Students can request that their eligibility be restored once they show that their average is not lower than a 65% in more than one class. They must submit an updated grade sheet to include with their *Eligibility Academic Progress* sheet.

If failing two or more classes at the end of the marking period (issued after 10th, 20th, and 30th week mark), the student will be ineligible:

- ✓ They are ineligible for a **minimum of ten school days**. After ten school days, the student can request that their eligibility be restored once they show that their average is not lower than a 65% in more than one class. They must submit an updated grade sheet to include with their *Eligibility Academic Progress* sheet.

Once a student is ineligible, they must have an *Eligibility Academic Progress* sheet signed by all of their teachers if they wish to have eligibility restored. *Eligibility Academic Progress* sheets will be available in the Waterloo Middle School Main Office/Counseling Office, Waterloo High School Main Office/Counseling Office, and the Athletic Office. In order to regain eligibility, a student's average must not be lower than a 65% in more than one class. The *Eligibility Academic Progress* sheet must be signed by a school administrator who will then reinstate eligibility and notify the necessary faculty/staff/coach/advisor(s).

DASA

Dignity for All Students Act refers to Article 2 of the New York State Education Law, as well as amendments to Sections 801-a and 2801 New York State Education Law made pursuant to Chapter 482 of the Laws of 2010. For purposes of this Code of Conduct, it will also refer to subsequent amendments to those statutes, and to any and all regulations promulgated by the Commissioner of Education to achieve the aims set forth in Chapter 482 of the Laws of 2010. The intent of the Dignity Act is to provide all public elementary and secondary school students with a safe and supportive environment free from discrimination, harassment, bullying, taunting or intimidation, as well as to foster civility in public schools.

Discrimination means the practice of conferring or denying privileges based on a person's actual or perceived membership in a legally protected class such as race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender or sex.

Harassment/bullying means the creation of a hostile environment by conduct or by threats, intimidation or abuse, including cyberbullying that:

- 1) Has or would have the effect of unreasonably and substantially interfering with a student's educational performance, opportunities or benefits, or mental, emotional or physical wellbeing; or
- 2) Reasonably causes or would reasonably be expected to cause a student to fear for his or her physical safety; or
- 3) Reasonably causes or would reasonably be expected to cause physical injury or emotional harm to a student; or
- 4) Occurs off school property and creates or would predictably create a risk of substantial disruption within the school environment, where it is foreseeable that the conduct, threats, intimidation or abuse might reach school property.

Acts of harassment and bullying that are prohibited include those acts based on a person's actual or perceived membership in the following groups including, but not limited to:

- 1) Race
- 2) Color
- 3) Weight
- 4) National origin
- 5) Ethnic group
- 6) Religion

- 7) Religious practice
- 8) Disability
- 9) Sex
- 10) Sexual orientation
- 11) Gender (which includes a person's actual or perceived sex, as well as gender identity and expression).

Website:

<https://www.waterloocsd.org>

School Attendance

Student must be in school at least half of the school day which starts at 7:30am and ends at 2:55pm. They must be present for at least four periods and legally excused.

Athletics is an extension of physical education. Students who do not participate or are unprepared for physical education will not be eligible for interscholastic athletics that day. Each team member is expected to be present at every practice session including practice sessions scheduled during vacation periods unless legally excused from school or personally excused by the coach. Team members who “cut” a practice session can expect disciplinary action. Tardiness will not be tolerated, but a late arrival pass from a teacher who is giving academic assistance is acceptable and should be presented to the coach.

Family Vacations

When parents and student choose to take their family vacations during the athletic seasons or school year, it must be understood that the time missed by the student can affect team/club chemistry and personal conditioning. Students who miss practices or contests/events for any reason may have their position or playing time adjusted.

The Role of Club Sports

At Waterloo, we encourage our students to participate in a variety of activities. We want our student-athletes to play multiple sports. It is good for our student-athletes and necessary for our school to maintain enough members on each of our teams. However, student-athletes who play multiple sports annually often find themselves pulled in many directions by their coaches, both from within the district and from community-based teams, and by their personal interests. We believe an in-season student-athlete needs to be fully committed to their team. All coaches want their student-athletes to be dedicated and focused on the current sport that they are playing.

Student-athletes are welcome to participate in club sports or travel teams whenever it does not interfere with their in-sport season. We do expect our student-athletes to be committed first and foremost to the in-season sport they are participating in at Waterloo Central School District.

Coaches certainly try to work with their student-athletes to accommodate all sorts of activities, but when student-athletes miss practices or games due to participation in another sport or with another team, they should expect a logical consequence, particularly a loss of playing time.

Playing a sport is a privilege, not a right, and certain guidelines must be established. We all have to make choices at times and, based on priorities, it may be necessary for a student-athlete to make a choice between playing on a school team in

season or participating with a travel program, etc. We understand the choice the student-athlete has to make but want the student-athlete and his or her parents to understand that such choices do have a negative impact on the rest of the team. Regardless of the student-athletes' athletic abilities, such decision may carry consequences.

Suspensions

Out of school Suspension (OSS) - If a student receives OSS, they are ineligible for their practice/contest/event the day(s) they are serving their suspension. They may not attend the practice/contest/event.

In School Suspension (ISS) - If a student receives a partial or full day ISS, they are ineligible for their practice/contest/event the day(s) they are serving their suspension. They may not attend the practice/contest/event.

Transportation

All team/activity members are expected to travel to and from contests/activities by means of the transportation provided or organized by Waterloo Central School District. The only exception to this rule is by turning in the *Alternate Transportation Agreement* to the Director of Health, PE and Athletics or building administration at least 24 hours in advance.

Website:

<https://www.waterloocsd.org>

| | |
|---|------------------------------|
| WATERLOO CENTRAL SCHOOL DISTRICT | |
|  | |
| <i>Alternate Transportation Agreement</i> | |
| Student Name: _____ | |
| Sport/Club: _____ | Level (if applicable): _____ |
| Coach/Advisor Name: _____ | |
| Contest/Event Date: _____ | |
| Contest/Event Location: _____ | |
| Direction of Alternate Transportation: _____ "to" the Contest/Event (Check One) _____ "from" the Contest/Event | |
| Reasons for requesting Alternate Transportation: _____ _____ _____ | |
| Parent/Guardian Driver: _____ | |
| Home Phone: _____ | Work: _____ Cell: _____ |
| Insurance Carrier/Info: _____ | |
| *Please attach a copy of your Driver's License & will be kept on file. | |
| <i>I hereby claim that the above-named driver will be the only driver of the vehicle during the transport of the above student to the aforementioned contest/event.</i> | |
| Parent/Guardian Signature: _____ | Date: _____ |
| ----- | |
| Administrative Approval: _____ | Date: _____ |
| <i>This request must be delivered to the Director of Health, PE & Athletic, Christal Kent, at Waterloo High School, or by email to christal.kent@waterloocsd.org, at least 24 hours before the athletic contest unless there is an extenuating circumstance. If this is for any other event, it must go to the respective building administration 24 hours in advance.</i> | |

Injuries

All injuries should be reported immediately to the head coach/club advisor and they should in turn fill out a "Student/Visitor Incident Report" and return to the Director of Health, PE and Athletics within 24 hours for athletics. If it happens during a club, it must be returned to the respective school nurse within 24 hours. The coach will inform the parents/guardians immediately either verbally or in writing. If a doctor takes your child out of athletics, they must be cleared by their doctor before being able to return to athletics.

STUDENT/VISITOR INCIDENT REPORT

School District: _____ School Name: _____

Student Name: _____ Date: ___/___/___ Time: ___ (am/pm)

Home Address/Telephone: _____ DCB ___/___/___
Street City, State, Zip

Description of Location: _____ Grade: _____

ALLEGED INCIDENT INFORMATION

Reported By: _____ Date: ___/___/___ Time am/pm: _____

(am/pm) Describe How the Alleged Incident Occurred: _____

Person Supervising Student: _____

Please Describe Alleged Injury (include part of body): _____

Name/Address/Telephone of any witnesses (Please indicate if none): _____

Was first aid rendered? YES NO If Yes, by whom/date/time: _____

Did student remain in school remainder of day/activity? YES NO If Yes, by whom/date/time: _____

Did student receive medical attention by a doctor or hospital? YES NO If Yes, describe medical attention. If unknown, please state: _____

Name/Address/Telephone # of physician or hospital: _____

EMERGENCY CONTACT INFORMATION

Person Contacted/Relationship: _____

Address: _____ Telephone: _____

Contacted by: _____ Date: ___/___/___ Time (am/pm): _____

If Emergency Contact Was Not Contacted, Please State Reason: _____

Completed by Name: _____ Date ___/___/___ Title: _____

Reviewed by Name: _____ Date ___/___/___ Title: _____